

Utilizing the methodology of the bestselling PracticePlanners® series, The Complete Anxiety Treatment and Homework Planner provides an all-in-one resource for treating anxiety and anxiety-related disorders--saving time and paperwork while allowing you the freedom to develop established and proven treatment plans for adults, children, adolescents, and other subgroups and populations. Includes a wide range of behavioral definition statements describing client symptoms as well as 25 customizable homework and activity assignments to be used during treatment Provides long-term goals, short-term objectives, and recommended interventions, as well as DSM-IV-TR™ diagnostic suggestions associated with each presenting problem Ready-to-copy exercises cover the most common issues encountered by a wide range of client groups struggling with anxiety and anxiety-related disorders A quick-reference format--the interactive assignments are grouped by patient type, such as employee, school-based child, adolescent, addicted adult, acute inpatient, and more Expert guidance on how and when to make the most efficient use of the exercises Includes access to ancillary Web site with downloadable resources, including sample treatment plans and customizable homework exercises

The Little Pumpkin, Anos Perro: ¿Amas tu trabajo? (Spanish Edition), The Japanese and Christianity: Why Is Christianity Not Widely Believed in Japan?, Soil and Water Management in Irrigated Sugar Beet Fields, The Bread Has Been Broken: Orchestration, From Wedded Wife to Lesbian Life: Stories of Transformation, How a Recession Works (Real World Economics), Boo ! Ghosts I Have(nt) Loved,

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